

FOOD MENU



Scheme Name : Atal Vayo Abhyuday Yojana (AVAY)
Name of Organisation : Human Empowerment For Social Integration (HESI)
Project Name : HESI Senior Citizen Home
Project Location : Saikhul Bazar, Kangpokpi District , Manipur.

Day	Morning	Morning	Afternoon	Evening	Night
	6.00 to 6.30 am	7.30 to 9.30 am	12. 30 to 1.30 pm	4.00 to 4.30 pm	7.00 to 8.00 pm
Sunday	Morning Tea	Tea & Biscuit / Egg	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Fish
Monday	Morning Tea	Tea & Biscuit / Fruit	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Meat
Tuesday	Morning Tea	Tea & Biscuit / Egg	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Fish
Wednesday	Morning Tea	Tea & Biscuit / Fruit	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Egg
Thursday	Morning Tea	Tea & Biscuit / Egg	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Fish
Friday	Morning Tea	Tea & Biscuit /Fruit	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Panir
Saturday	Morning Tea	Tea & Biscuit / Egg	Rice, Dal, Vegetable Chatani	Tea & Biscuit	Rice, Dal, Meat

Th. Heralakpa Meetei

Th. Heralakpa Meetei
Secretary

Secretary
Human Empowerment for Social
Integration (HESI)